

## Finger-tapping Desensitization and Reprocessing Therapy (FTDR)

Quick-scan table summarizing empirical findings.

Study	Design	Method	Sample	Therapist Effects	Dependent Variable	Analyses	Results	Comments
Wellington & Herskowitz (1995)	●	●	○	○	○	●	All improved, 3 of 6 PTSD-free post-tx	Small, exploratory study using multiple-baseline design. Promising results, but flaws limit confidence without replication.
Seymour & Butz (1997)	●	●	●	⊗	●	●	FTDR > TAU, 89% improved at post-test	Randomized trial w/ treatment manual, more diverse traumas, no information about therapists, immediate post-test only

Note: FTDR = Finger-tapping Desensitization and Reprocessing, TAU = treatment as usual, ● = Excellent, ● = Good, ○ = Fair to Poor, ⊗ = Below minimum standards, ⊗ = no information available