From the Department Head

Welcome to the FALL 2016 Psychology Department Newsletter!

One of the very best parts of my job as Department Heads is that I get an up-close look at the amazing work being done by our faculty, students, and alumni. This issue of our newsletter highlights but a few of many recent examples.

We had an opportunity this fall to recognize outstanding alumni of our department at the annual College of Arts & Sciences Hall of Fame banquet. We were honored to present our Distinguished Alumni award to Dr. Barbara Bonner. Since earning her degree in clinical psychology at OSU in 1984, Dr. Bonner has been a tireless scholar and advocate for preventing childhood abuse and neglect. It is impossible to estimate how many children’s lives have been improved by Dr. Bonner’s work, especially when multiplied by the many trainees she has mentored over the years.

We were also honored to have one of our graduates, Dr. William Hua, selected as the sole recipient of the College’s Rising Star award. This is a tremendous achievement as only one person is chosen from across the College. Dr. Hua’s career is off to a tremendous start working with patients living with HIV at the San Francisco VA Medical Center, and through a non-profit he began as a graduate student that benefits orphans in South America.

Finally, we enjoyed a visit this Fall from Dr. Antolin Llorente, a 1993 graduate. He was chosen as our Goldman Colloquium speaker and spent two days on campus. He gave two incredible talks and met with many students and faculty. I’m sure that his example has inspired a new generation of students to do great things with their careers.

Each of these outstanding alumni provide exemplary models for current students and make us proud every day. Please keep in touch so we can share your successes as well.

Loyal and True,

Thad Leffingwell, Ph.D.
Barbara Bonner, Ph.D., a graduate of OSU’s Clinical psychology doctoral program (Ph.D., 1984) received the Distinguished Alumni award at the College of Arts & Sciences Alumni Hall of Fame dinner September 9, 2016. Dr. Bonner is a Professor of Pediatrics/Jean Gumerson Endowed Chair, at OU Health Sciences Center.

William Hua, Ph.D., a graduate of OSU’s Psychology Department (B.S., 2006) received the Rising Star Award at the College of Arts & Sciences Alumni Hall of Fame dinner September 9, 2016. Dr. Hua is a Clinical Health Psychologist at San Francisco VA Medical Center.
Goldman Colloquium Speaker: 
Dr. Antolin Llorente

Dr. Antolin Llorente, a graduate of OSU’s clinical psychology doctoral program (Ph.D., 1993), visited campus as the Goldman Colloquium speaker for 2016. Dr. Llorente is a professor in the department of psychiatry at the Penn State Milton S. Hershey Medical Center and is the founding director of the Psychology Internship Training program there.

For the Goldman Colloquium, Dr. Llorente presented his research examining cognitive and developmental deficits in children infected with HIV. His research demonstrates that cognitive and developmental deficits predict mortality in these children above and beyond HIV disease-related factors like viral load. This cutting-edge research suggests that these deficits in children with HIV should be closely monitored and treated by physicians and psychologists. Dr. Llorente also graciously agreed to give an additional talk to the clinical psychology graduate students and faculty. He provided data and a wealth of examples from both his own research and experiences consulting on the development of the Wechsler Intelligence Scales for Children – Fifth Edition (WISC-V).

Both of Dr. Llorente’s talks were well attended by faculty and students. The department was honored to host such an accomplished, yet humble, alumnus.

The Goldman Colloquium is an annual invited speaker series in the department of psychology that was established in 1993 by the Sol Goldman Charitable Trust. Dr. Amy Goldman (Ph.D., clinical psychology, OSU, 1984) generously provided the endowment in her father’s name to create an opportunity for the psychology department to invite notable psychologists to speak at OSU.
I have been fortunate in my career to have had the opportunity to travel the world. In fact, it is in one of these countries – Brazil – where I met my wife Zeyna. As I have mentioned many times, as a comparative psychologist the world is literally “your laboratory.” Of all the countries I have visited, Turkey is especially unique for the study of honey bees. Turkey borders 8 other countries including Iran, Iraq, and Syria; and because of its unique geographical position, is home to approximately 20% of the world’s honey bee subspecies.

For almost 10 years, in conjunction with my colleague Dr. John Barthell from the University of Central Oklahoma, I have been taking students to Turkey as part of a project funded by the National Science Foundation (NSF – REU). Students tour historical sites such as Istanbul and Troy and learn to conduct research on various topics including those related to uncovering the similarities and differences in learning among honey bee subspecies, continuing the development of a social insect model of alcoholism, and exploring the effect of agrochemicals on honey bee learning.

In addition to the NSF – REU project, another project was recently funded by NSF (NSF – PIRE) for the next five years. This project consists of four subprojects with the goal of understanding the molecular mechanisms of decision making. Our part of this grant (with my colleague from the University of Puerto Rico, Dr. Tugrul Giray) is also based in Turkey and seeks to uncover the molecular mechanisms related to decision making using the honey bee model.

Spending this past summer in Turkey was a bit more interesting than usual. On June 28th a bomb exploded in Istanbul’s Ataturk Airport, and on July 15th there was an attempted coup d’état by a faction of the Turkish military. Within hours after the airport bombing, some planes
were already taking off and the coup d’état lasted about 3 days. It was very instructive to see the disinformation and sloppy reporting in the western media. For example, the major news networks all reported “breaking news” over the course of several days yet continued to show videos from the first day of the attempted coup. Naturally, parents, students, and some professors became frightened based on this disinformation and the result was that they left about a week early. Zeyna and I stayed behind and were glad we did. As many people canceled their vacations because of the shoddy reporting we were able to enjoy Istanbul on a level we have not done so previously.

One of the highlights of my visit was developing a project to help the village of Kıslacık. Kıslacık is located within a national forest and is a few hours from Istanbul. Their principal means of income is derived from wood which can now only be gathered one day per year. As a result the village population and economic opportunities are in decline. In consultation with village leaders we have developed a program where interested individuals learn apiculture. The honey within this forest can be some of the best in the world. Some of my students (Amber Mitchell, Samuel Alvarado, Madeline Leslie, Tabatha Lewis, and Mert Uçar) have created a website and GoFundMe sites to help purchase bee supplies and to establish workshops. If anyone would like to help please feel free to contact me (Charles.abramson@okstate.edu).
This past year one of OSU’s senior experimental psychology professors—Doug Hershey—joined eight other researchers from around the world to be part of a unique investigative team. The group, which was made up of scholars from psychology, sociology, economics, business, finance, and human development, was brought together in The Hague at the behest of the Royal Dutch Academy of Sciences to study the changing nature of retirement. According to lead Dutch researcher Kene Henkens, “In most economically developed countries, the norms, institutions, and sources of support surrounding the retirement transition are rapidly changing, which is forcing individuals to adapt by making smart, forward-thinking decisions.” He went on to say that “Hershey was particularly well-suited to be one of the co-founders of this research group given his 30-year program of research investigating individuals’ retirement decisions.”

The retirement researchers, who along
with their families were housed in an old renovated castle just 2 kilometers from the North Sea, spent their days focusing on two primary research issues. The first issue, Hershey explained, was “how one’s unique life circumstances results in a particular situational outcome by the time he or she reaches retirement age.” Drawing on propositions from Life Course Theory (Elder, 2000), the investigators sought to understand how different life trajectories lead some to have better quality of life prospects than others by the time they leave the workforce. According to Hershey, “Addressing this issue represents a tremendous step forward in understanding how older adults design their life course over their working careers, and it brings to light the factors that restrict available options.”

In addition to writing collaborative research articles and doing lots of bicycling during their year abroad, Hershey and colleagues traveled around Europe, North America, and parts of Asia giving talks on retirement and conducting media interviews on the topic. As the OSU scholar points out, “Retirement preparation is a particularly hot topic right now given the ‘graying’ of members of the baby boom generation.” Moreover, “psychologists are in a good position to contribute much to that discussion.” For Professor Hershey, the year-long sabbatical trip was co-sponsored by the Royal Dutch Academy of Sciences and the OSU College of Arts & Sciences.

The team of experts also sought to establish an agenda for retirement research that will guide scientific work over the next two decades. “Many of the most important issues about retirement decision making remain unanswered” said Henkens, such as “how individuals can be influenced to be more mindful and future-oriented when making critical life decisions.” In establishing a future research agenda, Professor Hershey stressed the importance of understanding “how individuals plan the timing of their permanent exit from the workforce” and “how working adults can be [positively] motivated to save portions of their income over the course of their working lives.”
Meet New Clinical Faculty: Lucia Ciciolla

Dr. Lucia Ciciolla is a new Assistant Professor in the Department of Psychology. Before arriving at Oklahoma State University (OSU), Dr. Ciciolla earned her Ph.D. in Clinical Psychology with an emphasis in child and family science and quantitative science from Arizona State University (ASU), under the supervision of Dr. Keith A. Crnic and Dr. Stephen G. West. She completed an APA-accredited internship at the University of North Carolina – Chapel Hill School of Medicine in the Child-Community track, and then completed her postdoctoral training back at ASU under the mentorship of Dr. Suniya S. Luthar. Dr. Ciciolla also earned an M.A. in Psychology from Arizona State University, and a B.A. in Psychology and Italian Studies from Wellesley College. She originally hails from South Florida, but has spent much of her adult life in Boston, MA and Tempe, AZ, and is now working to establish her career here in Stillwater, OK.

Dr. Ciciolla is passionate about the health and well-being of women, children, and families. She has had extensive training in both women’s mental health, including perinatal mood and anxiety disorders (e.g., postpartum depression), and infant and early childhood development and mental health. Dr. Ciciolla has been an advocate for research, education, treatment, and social support for perinatal mental health through Postpartum Support International, and is endorsed as an Infant Mental Health Specialist (IMH-E®(III)). Dr. Ciciolla plans to continue her advocacy for women and children with the local chapters here in Oklahoma.

Dr. Ciciolla was trained as a clinical scientist with specializations in infancy and early childhood, perinatal and maternal mental health, parenting, trauma, and longitudinal methodology. Dr. Ciciolla’s research is broadly focused on understanding processes of risk and resilience within the context of the parent-child relationship, with primary interests in parental caregiving and parent-child interactions as mechanisms underlying children’s development and functioning. To understand these developmental mechanisms, her research program is focused on three overlapping areas of research: (1) risks associated with maternal psychopathology and complex trauma; (2) early-identified developmental risks (e.g., developmental delays, temperament); and (3) social and environmental risks (e.g., poverty, health disparities, early life stress).

Dr. Ciciolla’s research also delves into the role of motherhood in particular, including identifying factors important for maternal well-being, understanding motherhood as a developmental process, and linking maternal functioning to the broader family and societal ecology. Her most recent publications showed that, as is true for children, supportive close relationships are critical for the well-being of their mothers, and that mothers’ well-being varied as a function of children’s ages. In this latter case, findings uniformly showed curvilinear patterns by children’s ages, with mothers of middle-schoolers faring the most poorly, and mothers of adult children and infants faring the best.

Finally, Dr. Ciciolla’s training is based in a developmental psychopathology perspective, and as such her research emphasizes the use of developmentally-sensitive methodologies. That is, her work involves the application of longitudinal designs and advanced statistical modeling to understand the complexity of parent-child relations over time and the emergence of pathology and competencies. Through additional coursework in the quantitative program at Arizona State University, Dr. Ciciolla developed quantitative expertise in multiple areas including longitudinal growth modeling, multilevel modeling, missing data analysis, mediation, and quasi-experimental design. These methodologies allow her to examine the complexity inherent to parent-child and family relationships, as well as changes in these processes over time.

In her first semester at OSU, Dr. Ciciolla has focused on setting up her research program.
and recruiting undergraduate research assistants for her laboratory. Currently, Dr. Ciciolla is working to develop a comprehensive screening tool for perinatal mental illness that she hopes will differentiate early symptoms of maternal psychopathology, and can be used to better understand the specific risks associated with early parenting processes and child development. Dr. Ciciolla is teaching undergraduate Child Clinical Psychology, and is slated to supervise graduate students in Clinical Practicum in the Spring. Dr. Ciciolla is also the faculty advisor to the OSU campus group, Love Through Loss. Dr. Ciciolla hopes to recruit a graduate student for Fall 2017.

To contact Dr. Ciciolla: lucia.ciciolla@okstate.edu
North Murray Looking Green!

Where should you go if you’re feeling green in North Murray (NM) Hall? The answer is... practically anywhere! No matter which floor you’re standing on in the building, there are excellent opportunities to reduce, reuse, and recycle. Without question, the Psychology Department is on the leading edge of academic units at the University when it comes to conservation.

The Psychology Department first adopted a serious green stance back in 2009 at the behest of (then) department Head Dr. Larry Mullins. At the time, Mullins’ goal was “…to see us maximize the use of our resources in a way that encourages sustainability.” During his first week as Chair, Mullins founded the departmental Sustainability Committee, which is a seven-member group of faculty members and students charged with creating a more environmentally-friendly workplace. This “Green Team” takes seriously the goal of minimizing our ecological footprint, by putting procedures and programs in place to make it easy for NM inhabitants to embrace sustainable practices.

A wide range of recycling opportunities exist in the 90-year-old building, including the recycling of: paper, cardboard, aluminum cans, plastic bottles, printer cartridges, batteries, telephone books, academic journals, CDs and DVDs, and used textbooks. Of course, building occupants are encouraged to reduce and reuse materials when possible, before turning to recycling. Beyond recycling, NM benefits from having a dedicated “Energy Manager” housed in the Facilities Management work group, who strives to ensure that the energy systems in the building (heating, cooling, water, electricity) operate at peak efficiency.

Building occupants receive regular email messages from energy managers and Green Team members to turn off lights when rooms aren’t in use, refill water bottles using the building’s new water refill station, and close window shades during weekends and holiday periods to reduce passive solar heating. Moreover, signs are posted in common areas with green “inspirational messages,” designed to remind occupants of the importance of living a sustainable lifestyle—both at home and at work.

According to OSU Sustainability Coordinator Ilda Hershey, “Members of the Psychology Department go above and beyond when it comes to office resource conservation. The sheer number and variety of both reuse and recycle bins in their copy room is evidence of this dedication, which includes taking some discards off campus to be recycled if they are not accepted in the OSU Recycles program.”

Larry Mullins’ 2009 green vision for the department has blossomed over the course of the past seven years. Moreover, our current department Head, Dr. Thad Leffingwell, is similarly committed to the environment. There is no doubt in the minds of NM psychologists that sustainability efforts will continue to grow and thrive in the years to come.
Thank You to Our Recent Donors

Robert M. Alderson  Larry L. Mullins
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2016-17 New Graduate Students

Marissa Baudino, Vanderbilt University  Meagan Perez, Sul Ross State University
Natalie Keirns, Oklahoma Christian University  Kaylie Bechtel, Valparaiso University
Jacob Kraft, Augsburg College  Timothy Black, Oklahoma State University
Susana Lopez, University of Arizona  Erin Wood, Oklahoma State University
Jiwon Min, University of Notre Dame
Elisa Duell graduated with a Bachelor of Science Honors Degree in Psychology. Over the course of her studies she has conducted research in three different laboratories, assisting in Dr. David Thomas’ Developmental and Psychophysiology Lab for seven semesters, Dr. Byrd-Craven’s Psychobiology Lab for four semesters, and Dr. Larry Mullins’ Pediatric and Health Psychology Lab for one semester.

Elisa has been awarded the Regents’ Distinguished Scholarship, the Stockton Memorial Scholarship, and the Psychology Club Research Scholarship. She has been inducted into Psi Chi, the International Honor Society in Psychology, been consistently listed on the President’s Honor Roll, and is a member of the Honors College. She was the recipient of the Niblack Research Scholarship under the mentorship of Dr. Thomas, is currently a recipient of the Wentz Research Scholarship, and completed her senior honors thesis under the supervision of Dr. Thomas and Dr. Byrd-Craven.

She is also currently working as a researcher at the Laureate Institute for Brain Research in Tulsa, on a project investigating adolescent brain development. She is co-author of an article pending publication and has presented her research at numerous professional conferences. She has served as a tutor within the American Indians Into Psychology program, and has served as the treasurer of the psychology club for two consecutive years where she has established funds for research and travel scholarships for undergraduates.

After graduation, Elisa plans to work full-time at the Laureate Institute for Brain Research for two years, and then pursue a PhD in clinical neuropsychology.
Charles Abramson, Ph.D., was awarded a NSF grant for four years to do Synergistic Studies of Honey Bees in the Republic of Turkey.

John Chaney, Ph.D., was awarded a grant renewal for $238,359.00 from the Department of Health and Human Services, Indian Health Service, “American Indians Into Psychology.”

DeMond Grant, Ph.D., received a three year OCAST grant “Neural Mechanisms of Chronic Worry.”

Shelia Kennison, Ph.D., was awarded the OSU Faculty 2016 Phoenix Award

Thad Leffingwell, Ph.D., received the Beverly Thorn award from the Council of University of Clinical Psychology “Outstanding Service as a Director of Clinical Trainig”

Connor Patros, MS, a fifth year clinical student won a student research award from the Association for Psychological Science.

Ashley Cole, MS, fifth year and Caitlin Smith second year clinical students received a travel training award to attend the 2016 American Association of Suicidology Conference.

Ashleigh Coser, MS, a fourth year, Emma Brett & Kate Gamwell, MS, both third year, and Christina Sharkey second year clinical student received 2016-17 Remember the Ten Scholarship.

Jenny Daer, MS, a fourth year clinical student was awarded the Doris Duke Fellowship for the promotion of Child Well-Being-Seeking innovations to prevent child abuse and neglect.

Morganne Kraines, MS, & Stephanie Tarle, MS, both fourth year clinical students won 2016 OSU Women’s Faculty Council Research Award.

Hilary Deshong, MS, a sixth year clinical student was the recipient of the 2015-16 Clinical Program Outstanding Graduate Award

Kery Kytola fourth year experimental student won first place poster competition from APA Division 3(Experimental Psychology and Cognitive Sciences at the 2016 APA Annual Convention

Elly Leavens, MS, received grant funding from NIH/ NIDA to study the impact of alcohol use on Hookah smoking.

Alli Mullins a third year clinical student received a scholarship from the Women for OSU Foundation.

Roha Thomas, a third year experimental student received the Graduate Research Excellence Award from the OSU Graduate College.

Kristine Chua, second year experimental student won best poster award at the Human Behavior and Evolution Society Annual Conference.

Christina Sharkey a second year clinical student receive a scholarship from New England Federal Credit Union “2016 Making a Difference College Scholarship.”

Elida Duell undergraduate Psychology major was awarded the Psychology Department 2016 Outstanding Senior.

Zachary Helms undergraduate psychology major was selected to be a Niblack Scholars for 2016-17 year.

Mariah Nacke undergraduate psychology major this past summer attended the 2016 Undegraduate Summer Program at Massachusetts Institute of Technology.
Jake Roberts, BS, 2007. Jake is a Psychologist at White Eagle Ponca Nation, Ponca City, OK.

Shital Gaitonde-Datar, Ph.D., 2011. Shital is a clinical psychologist in the Psychology clinic at Georgia State University, Atlanta, GA.

Alvina Cawston, Ph.D., 2012. Alvina is a Psychologist at The Confederated Tribes of Warm Springs.

Jennifer Schuyver, BS, 2012. Jennifer is working at the College Bound organization in St. Louis, MO.

Jonathan Sofian, BS, 2013. Jonathan is going to start his MBA at Oklahoma State University, Stillwater, OK.

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Roha Thomas a third year experimental graduate student has worked as a research assistant and teaching assistant at OSU. Her research focuses on language acquisition in typical and clinical bilingual population.

Ashley Helle, M.S., a fifth year clinical student has worked as a teaching assistant, PSC associate, and research assistant at OSU. Her research focuses on the conceptualization and assessment of dimensional models of personality, as well as emotional and behavioral dysregulation associated with personality pathology.

Jenny Shields, M.S., a fourth year clinical graduate student has worked as research and teaching assistant and PSC associate at OSU. Her research focuses on factors that influence service engagement and attrition in evidence-based treatment programs for children and their families.

Hilary DeShong, M.S., a sixth year clinical graduate student has worked as a research and teaching assistant at OSU. She is completing her internship at VA Ann Arbor Healthcare System. Her research focuses on the conceptualization of personality disorders from a dimensional perspective utilizing general personality models.

Angela Bell, Ph.D. a graduate from the Experimental Program. The title of her dissertation is “The Impact of Augmenting Success with In-Group Stereotype.” She obtained a teaching position at Colby College.

Roha Thomas a third year experimental graduate student has worked as a research assistant and teaching assistant at OSU. Her research focuses on language acquisition in typical and clinical bilingual population.
2016-2017 Internship Matching

Hilary DeShong, MS
Ann Arbor VA Healthcare System, Ann Arbor, MI

David Hollingsworth, MS
University of Mississippi Med. Ctr./VA Jackson, MS

Connor Patros, MS
Kennedy Krieger/Johns Hopkins University Baltimore, MD

Alayna Tackett, MS
Alpert Medical School of Brown University, Providence, RI

Raymond Tucker, MS
VA Puget Sound, Seattle, WA

Where are they now...

Michael Lewin, Ph.D., 1992 is a professor at California State University, San Bernardino, CA

Kathy Rasmussen, Ph.D., 2013 is a Psychologist at VA Palo Alto Health Care System.

Matt Judah, Ph.D., 2016 accepted a tenure track faculty position at Old Dominion University.

Angela Bell, Ph.D., 2016 accepted a visiting Assistant Professor position at Colby College.

Greg Lengel, Ph.D., 2016 accepted a tenure track faculty position at Drake University DesMoines, IA.

Adam Mills, Ph.D., 2016 is a psychologist at Nebraska Medicine, Omaha, NE

Liz Molzon, Ph.D., 2016 Pediatric Psychology Fellow at St. Louis Children’s Hospital.

Send us your updates to: psychology@okstate.edu
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